

# Reception Knowledge Mat - 'The Winter Olympics' Spring 2026

## Communication and Language

I will be introduced to new vocabulary based on our topic work.

I will explain what I already know about our topics and what I would like to find out more about.

I will talk about the books we read together.



## Understanding the World



I will find out about different celebrations including New Year and Lunar New Year, Valentine's Day and Shrove Tuesday.

The topic this term will be 'Winter Olympics'. I will learn about seasonal change and what happens in Winter. I will understand what the Winter Olympics is and some of the sports that take place.

## PSED

I will adjust to new rules and routines.

I will explore different emotions and feelings and what makes me feel this way.

I will be supported to develop my self regulation skills and to help me to deal with conflicts and disagreements in appropriate ways.



## Physical Development



I will be supported to develop my confidence in using the climbing tower to develop my strength and coordination.

I will develop confidence in spatial awareness during PE lessons. I will begin to use a range of body parts and gain an understanding of the importance of physical activity.

I will begin to dress and undress myself in PE lessons.

Winter Olympics	What do you notice?
New Year	_ is made from _
Valentines	and _
Shrove Tuesday	Composition
Winter	Behind
Monoprint	In front
Styrofoam	On
Observe	In
Original	Part
Press	Whole

## Expressive Arts and Design

I will explore the techniques monoprint and Styrofoam printing.

I will explore the use of colour and pattern.

Explore texture through printing on different surfaces.

Explore printing by pressing and lifting to make images and patterns.

Learn how to make marks using lines, shapes and patterns.

## Literacy

Through drawing club we will use books, tales and animation to develop a love for reading and writing. Children will be encouraged to see themselves as confident readers and writers and to practice and apply some of the skills learned during phonics lessons within our literacy lessons.

## Phonics

This term we will begin our Sounds Write phonics lessons. The children will be gradually introduced to new sounds, and have lots of practice building words with these sounds as well as reading and writing.

Sounds we have learnt: a, i, m, s, t, n, o, p, b, c, g, h, d, e, v, f, k, l, r, u

Sounds we are beginning to learn: j, w, z, x, y, ff, ll, ss, zz

### Useful Phonics Apps

- Sounds Write App (Ipad)
- Teach your monster to read
- Mr T's Phonics—youtube

## Reading

Read early and read often. The early years are critical to developing a lifelong love of reading. It's never too early to begin reading to your child! The tips below offer some fun ways you can help your child become a happy and confident reader.

- Read to and with your child every day. Make this a warm and loving time when the two of you can cuddle close.
- Give everything a name. Build your child's vocabulary by talking about interesting words and objects. For example, "Look at that aeroplane! Those are the wings of the plane. Why do you think they are called wings?"
- Read with fun in your voice. Read to your child with humour and expression. Use different voices.
- Know when to stop. Put the book away for awhile if your child loses interest or is having trouble paying attention.
- Be interactive. Discuss what's happening in the book, point out things on the page, and ask questions.

Reading books are changed weekly. Please ensure your child bring their reading bag to school every Monday. Please sign in your child's reading journal and make a comment to let us know how they are getting on. Children will receive a library book every Friday please return this every Monday.

## Maths

We will continue to develop our subitising skills. Children will begin to explore composition by focusing on preliminary skills: the concept of 'whole' and 'parts'. By investigating their own bodies and familiar toys we will begin to understand that whole things are often made up of smaller parts. We will begin to explore the composition of the numbers: 3,4,5,6 and 7. We will revisit and continue to develop 1:1 correspondence skills when counting.

In shape, space and measure units we will explore positional language, measuring lengths and heights and capacity.

## PSED

We encourage all children to be as independent as possible. Children need to understand and express their own feelings and the understand the feelings of others. Manage their own personal hygiene including dressing, feeding and toileting needs. Show resilience and perseverance in the face of challenge.