

# Reception Knowledge Mat - 'Super Me' Autumn 2025

## Communication and Language

I will be introduced to new vocabulary based on our topic work.

I will explain what I already know about our topics and what I would like to find out more about.

I will talk about the books we read together.



## Understanding the World



I will find out about different celebrations including Halloween, Bonfire Night and Christmas.

The topic this term will be 'Super Me'. I will learn about the body and how to look after it. I will understand that humans grow from babies to adults.

## PSED

I will adjust to new rules and routines.

I will explore different emotions and feelings and what makes me feel this way.

I will be supported to develop my self regulation skills and to help me to deal with conflicts and disagreements in appropriate ways.



## Physical Development



I will be supported to develop my confidence in using the climbing tower to develop my strength and coordination.

I will develop confidence in spatial awareness during PE lessons. I will begin to use a range of body parts and gain an understanding of the importance of physical activity.

I will begin to dress and undress myself in PE lessons.

Body	News
Senses	Predict
Emotions	Describe
Healthy	Explore
Autumn	Bonfire Night
Winter	Halloween
Artist	Christmas
Observe	Subitise
Gallery	'how many'
Share	Part-whole

## Expressive Arts and Design

I will explore the stained glass window by W; and G; Audsley.

I will explore the properties of clay and learn how to mold and use it using appropriate tools.

I will explore the use of colour.

I will explore and understand how to use watercolor, tracing techniques, paint mixing, clay.

## Literacy

Through drawing club we will use books, tales and animation to develop a love for reading and writing. Children will be encouraged to see themselves as confident readers and writers and to practice and apply some of the skills learned during phonics lessons within our literacy lessons.

## Phonics

This term we will begin our Sounds Write phonics lessons. The children will be gradually introduced to new sounds, and have lots of practice building words with these sounds as well as reading and writing.

Sounds we are beginning to learn: a, i, m, s, t, n, o, p

### Useful Phonics Apps

- Sounds Write App (Ipad)
- Teach your monster to read
- Mr T's Phonics—youtube

## Reading

Read early and read often. The early years are critical to developing a lifelong love of reading. It's never too early to begin reading to your child! The tips below offer some fun ways you can help your child become a happy and confident reader.

- Read to and with your child every day. Make this a warm and loving time when the two of you can cuddle close.
- Give everything a name. Build your child's vocabulary by talking about interesting words and objects. For example, "Look at that aeroplane! Those are the wings of the plane. Why do you think they are called wings?"
- Read with fun in your voice. Read to your child with humour and expression. Use different voices.
- Know when to stop. Put the book away for awhile if your child loses interest or is having trouble paying attention.
- Be interactive. Discuss what's happening in the book, point out things on the page, and ask questions.

Reading books are changed weekly. Please ensure your child bring their reading bag to school every moday.

Please sign in your child's reading journal and make a comment to let us know how they are getting on. Children will receive a library book every Friday please return this every Monday.

## Maths

We will develop our subitising and counting skills and explore the composition of numbers within 5. When subitising, children can say how many there are in a small group of objects by 'just seeing' and knowing straightaway without needing to count. We will begin to connect quantities to numerals. We will explore how numbers can be composed of 1s and, from this, begin to investigate the composition of numbers. Subitising can be categorised as 'perceptual' or 'conceptual'. Perceptual subitising is used for very small sets of objects (initially up to about 3) and conceptual subitising is used when sub-groups can be perceived within a larger set and the whole is recognised, many different arrangements.

## PSED

We encourage all children to be as independent as possible. You can support us by encouraging your child to get dressed and undressed as independently as possible, this includes being able to fasten their own coat. We will have a celebration party when we can all fasten our own coat.